

# Brain Injury - Online Family Training

Family/Caregiver(s): \_\_\_\_\_  
 Tentative Hands-On Family Training scheduled for: \_\_\_\_\_

Date: \_\_\_\_\_

<p><a href="https://www.myshepherdconnection.org">MyShepherdConnection.org</a>          Shepherd Center website providing educational resources for brain injuries, strokes, spinal cord injuries, &amp; more.</p>	<p><b>COMPLETED REVIEW</b></p>
<p><b>INTRODUCTION TO BRAIN INJURY</b>  <a href="https://www.myshepherdconnection.org/abi/Introduction-to-Brain-Injury">https://www.myshepherdconnection.org/abi/Introduction-to-Brain-Injury</a>  <input type="checkbox"/> Statistics and Causes  <input type="checkbox"/> Brain Anatomy and Function  <input type="checkbox"/> Types of Brain Injury  <input type="checkbox"/> <i>Brain Injury Education – Rehab.</i> Recorded class here: <a href="https://www.myshepherdconnection.org/abi/family-training">https://www.myshepherdconnection.org/abi/family-training</a></p>	
<p><b>MIND AND BODY</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body">https://www.myshepherdconnection.org/abi/Mind-and-Body</a></p> <p><b>Thinking Skills</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body/thinking-skills">https://www.myshepherdconnection.org/abi/Mind-and-Body/thinking-skills</a>  <input type="checkbox"/> Levels of Functioning  <input type="checkbox"/> Arousal  <input type="checkbox"/> Attention and Concentration  <input type="checkbox"/> Memory  <input type="checkbox"/> Problem Solving and Reasoning</p> <p><b>Behavior &amp; Emotions</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body/Behavior-and-Emotions">https://www.myshepherdconnection.org/abi/Mind-and-Body/Behavior-and-Emotions</a>  <input type="checkbox"/> Mood  <input type="checkbox"/> Initiation and Apathy  <input type="checkbox"/> Social Skills  <input type="checkbox"/> Awareness and Insight  <input type="checkbox"/> Impulsivity  <input type="checkbox"/> Anger and Agitation  <input type="checkbox"/> Anxiety and Depression</p> <p><b>Communication</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body/communication">https://www.myshepherdconnection.org/abi/Mind-and-Body/communication</a>  <input type="checkbox"/> General Communication tips  <input type="checkbox"/> Language Impairment-Aphasia  <input type="checkbox"/> Motor Speech Disorder-Apraxia</p>	

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<p><b>__ Body Functions</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body/Body-Functions">https://www.myshepherdconnection.org/abi/Mind-and-Body/Body-Functions</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Bowel &amp; Bladder</li> <li><input type="checkbox"/> Nutrition</li> <li><input type="checkbox"/> Swallowing</li> <li><input type="checkbox"/> Skin Care</li> <li><input type="checkbox"/> Sleep and Fatigue</li> <li><input type="checkbox"/> Respiratory Health</li> <li><input type="checkbox"/> Vision</li> </ul> <p><b>__ Positioning and Mobility</b>  <a href="https://www.myshepherdconnection.org/abi/Mind-and-Body/Positioning-and-mobility">https://www.myshepherdconnection.org/abi/Mind-and-Body/Positioning-and-mobility</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Splinting and Bracing</li> <li><input type="checkbox"/> Positioning</li> <li><input type="checkbox"/> Pivot Transfers</li> <li><input type="checkbox"/> Lift Transfers (Hoyer)</li> </ul>	
<p><b>MEDICAL CONCERNS</b>  <a href="https://www.myshepherdconnection.org/abi/Medical-Concerns">https://www.myshepherdconnection.org/abi/Medical-Concerns</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Medication Management</li> <li><input type="checkbox"/> Blood Pressure</li> <li><input type="checkbox"/> Blood Clotting issue: DVT</li> <li><input type="checkbox"/> Seizures</li> <li><input type="checkbox"/> Abnormal Muscle Tone issue: Spasticity</li> <li><input type="checkbox"/> Abnormal Bone Growth issue: Heterotrophic Ossification (HO)</li> <li><input type="checkbox"/> When to call the doctor</li> </ul>	
<p><b>SAFETY</b>  <a href="https://www.myshepherdconnection.org/abi/Safety">https://www.myshepherdconnection.org/abi/Safety</a></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Emergency Preparedness – Recorded class here: <a href="https://www.myshepherdconnection.org/abi/family-training">https://www.myshepherdconnection.org/abi/family-training</a></li> <li><input type="checkbox"/> Abuse &amp; Neglect</li> <li><input type="checkbox"/> Substance Use</li> <li><input type="checkbox"/> Functioning Safely within the Home</li> <li><input type="checkbox"/> Fall Prevention</li> </ul>	
<p><b>FAMILY ADJUSTMENT</b></p>	

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<p><a href="https://www.myshepherdconnection.org/abi/Family-Adjustment">https://www.myshepherdconnection.org/abi/Family-Adjustment</a></p> <ul style="list-style-type: none"> <li>___ Role changes</li> <li>___ Ways to Build Resilience</li> <li>___ Coping Strategies</li> <li>___ Sexuality</li> <li>___ Key points for family members (tips)</li> </ul>	
<p><b>LIVING WITH BRAIN INJURY</b></p> <p><a href="https://www.myshepherdconnection.org/abi/Living-with-Brain-Injury">https://www.myshepherdconnection.org/abi/Living-with-Brain-Injury</a></p> <ul style="list-style-type: none"> <li>___ Home &amp; Kitchen Responsibilities</li> <li>___ Daily Routines</li> <li>___ Aging with Brain Injury</li> <li>___ Return to Driving/Transportation – Recorded class here: <a href="https://www.myshepherdconnection.org/abi/family-training">https://www.myshepherdconnection.org/abi/family-training</a></li> <li>___ Return to School</li> <li>___ Return to Work</li> <li>___ Support Groups</li> <li>___ Recreation</li> </ul>	
<p><b>INSTRUCTIONAL VIDEOS</b></p> <p><a href="https://www.myshepherdconnection.org/abi/instructional-videos">https://www.myshepherdconnection.org/abi/instructional-videos</a></p> <ul style="list-style-type: none"> <li>___ Oral Care</li> <li>___ Tube Feeding</li> <li>___ Tracheostomy Care</li> <li>___ Arm Bivalve</li> <li>___ Leg Bivalve</li> <li>___ Neck Range of Motion</li> <li>___ Arm Range of Motion</li> <li>___ Leg Range of Motion</li> <li>___ Padding &amp; Positioning</li> <li>___ Guldman Sling Transfer</li> <li>___ Alternate Sling Transfer</li> <li>___ Weight Shifts</li> <li>___ Wheelchair Positioning &amp; Parts</li> </ul>	
<p><b>NOTES:</b></p>	

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